

# Action Ministries Metro

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Turning  
the Page



*“When I lost my part-time job last fall, I panicked. I was barely getting by as it was, and I had two kids to support.”*

I started coming to the Women’s Community Kitchen to eat lunch because my food stamps couldn’t cover the cost of food for my family. It was a comforting atmosphere, where I could breathe and relax a little. I started volunteering to serve at lunchtime, and I took the leftovers home to my kids. The kitchen staff encouraged me to come hear about an adult education opportunity. I took advantage of that opportunity, which included career readiness classes and a 10-week paid apprenticeship. The program led to a job and now I’m working full-time.

When I think back to that feeling of being paralyzed when I first lost my job, I’m so glad I came to the WCK. I thought I was just coming for a hot meal, but I ended up making new friends and helping others even though I was at a low point myself. I connected with people who had the power to help me improve my circumstances.

– Elaina\*, WCK guest and volunteer

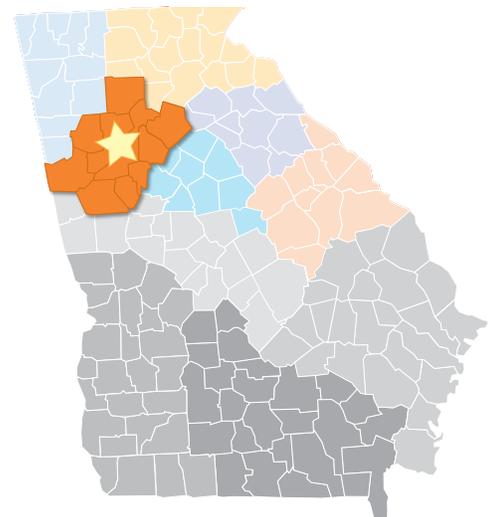
*\*Name and details changed to protect client’s privacy.*

**WE ARE Action Ministries.**  
**WE ARE leading people out of poverty.**



AMI does not discriminate on the basis of race, color, religion (creed), gender, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

## Metro Region



WE ARE Action Ministries Metro region, and we are leading people out of poverty in Carroll, Cherokee, Clayton, Cobb, Coweta, DeKalb, Douglas, Fayette, Fulton, Gwinnett and Paulding counties.

By meeting basic needs of hunger relief, housing and education, Action Ministries removes the barriers that prevent thousands of Georgians from breaking the cycle of poverty and realizing their potential.

WE  
ARE

**Action Ministries Metro**, and we mobilize communities to address the challenges of poverty by focusing on hunger relief, housing and education.

### Women's Community Kitchen

Since 1984, the Women's Community Kitchen has served weekday meals to women and children in the Old Fourth Ward and Midtown neighborhoods. Housed at Grace United Methodist Church and the headquarters of the General Board of Global Ministries, the kitchen provides low-income women and women experiencing homelessness with hot meals, access to needed resources, adult education opportunities and a space of dignity and respite. Support of the Women's Community Kitchen, where we serve more than 20,000 meals every year, helps ensure that our guests have access to hunger relief, education and other resources that help break the cycle of poverty.



### Trinity Table Community Kitchen

Since 1982, Trinity Table Community Kitchen has provided a hot meal each Sunday in the Capitol Hill neighborhood. As the only consistent source of food served in the neighborhood on weekends, Trinity Table serves up to 200 people experiencing homelessness every week. In 2017, Trinity Table became a part of Action Ministries' hunger relief programming. Action Ministries offers resources, education opportunities and supportive services to guests at Trinity Table. Your support will help us to expand these services and work toward ending chronic homelessness in Atlanta.

## And YOU can help ...

Our programs are not possible without people like you, who give generously of their time and financial resources to invest in and transform their own communities. When we work together, our efforts are multiplied to produce extraordinary results.

### Donate

Donate online at [www.actionministries.net/donate](http://www.actionministries.net/donate).

Designate "Metro."

Examples of the impact of your gift:

- **\$25:** Expands adult education and veteran assistance opportunities.
- **\$50:** Feeds a mother and child for one month.
- **\$120:** Provides 24 families with food boxes during the holidays.
- **\$500:** Ensures one woman receives a hot, free meal every day for a year.
- **\$1,000:** Provides hot meals and to-go bags for 200 people for a year.
- **\$2,000:** Provides 2,000 meals at Trinity Table and the Women's Community Kitchen.

*Any gift amount is appreciated.*

### Engage

Learn more online at [www.actionministries.net/volunteer](http://www.actionministries.net/volunteer).

- Provide and serve lunch on weekdays at the Women's Community Kitchen.
- Provide and serve lunch on Sundays at Trinity Table Community Kitchen.
- Donate sack lunches to provide weekend hunger relief to our guests.
- Enlist community support for the Dine Out, Do Good annual fundraiser.
- Collect and distribute hygiene or winter weather kits.
- Collect and donate cleaning supplies, trash bags and paper products for our kitchens.
- Join our Action Council.
- Engage your business or group to take part in our poverty learning exercise to learn more about the hard choices our guests face daily.